

Uniting for United Competitive Food Drive

May 20 - June 6



We're proud to be teaming up with other local businesses to fill the Gemma E. Moran United Way/Labor Food Center through this fun competition. The food center provides food to the more than 33,000 food insecure in New London County through its 74 pantries and the 10 mobile food pantry visits it completes each month. We need your help! Please bring in a donation of one or more of the below listed non-perishable goods or consider a cash donation to support our community.

GRAINS -

Whole Preferred

- Cereal
- Oatmeal
- Rice
- Pasta
- Mac and Cheese
- Crackers
- Corn Tortillas

FRUITS -

Unsweetened Preferred

- Fruit Cups
- Canned Fruit
- Dried Fruit (raisins, apricots, prunes, etc)
- 100% Fruit Juice
- Jams/Jellies
- Applesauce

VEGETABLES -

Low-Sodium Preferred

- Instant Mashed Potatoes
- Canned Vegetables
- Canned Tomatoes and sauce
- Spagetti Sauce

CONDIMENTS -

Low-sodium Preferred

- Salad Dressings
- Vinegar
- Oils (vegetable, olive, canola)
- Dried Herbs and spices

PROTEINS -

Low-sodium Preferred

- Peanut Butter
- Nuts or seeds
- Canned Tuna
- Canned Chicken
- Soups
- Chili

BEVERAGES

Shelf-Stable

- Low-fat Milk
- Soy Milk
- Nut Milks
- Tea
- Coffee
- Water

Collection to Benefit:
Gemma E. Moran
 United Way/Labor Food Center



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